

## 腦神經學音樂治療 – 理論及應用 (針對老人復康)

### Neurologic Music Therapy – Theory & Application (with focus on geriatrics rehabilitation)

**Neurologic Music Therapy (NMT)** techniques are evidence-based and effective, and some of them require only minimal musical skills to execute. The course is suitable for anyone who would like to use the techniques in helping people with neurological impairment affecting motor, cognitive, speech as well as psychosocial functions. Para-medical professionals such as physical, speech, occupational and music therapists would find the course a valuable source in advancing their clinical skills.

Course content:

Theory : How the brain works and its implication in motor, speech and cognitive rehabilitations.

Application : Learn major NMT techniques 學習腦神經學音樂治療主要技巧

A. Sensorimotor Training 感知肌能運動技巧

1. Rhythmic Auditory Stimulation (**RAS**) - Gait therapy with rhythm accompaniment.
2. Patterned Sensory Enhancement (**PSE**) – The use of music to structure various movements.
3. Therapeutic Instrumental Music Performance (**TIMP**) – Playing music instruments to simulate functional movement patterns.

B. Speech and Language Rehabilitation 言語復康技巧

1. Melodic Intonation Therapy (**MIT**) – Melodic prompts to assist speech learning and relearning
2. Music Speech Stimulation (**MUSTIM**) – The use of music to stimulate speech
3. Vocal Intonation Therapy (**VIT**) – The use of vocal training techniques for speech production rehabilitation

C. Cognitive Training 認知訓練技巧 –

Auditory Sensory and Perception Training

1. Auditory Perception Training (**APT**)
2. Associative Mood and Memory Training (**AMMT**)
3. Musical Attention Control Training (**MACT**)

D. Psychosocial Behavioral Training 心理社交行為訓練

Music in Psychosocial Training and Counseling (**MPC**)

- Selection of songs
- Song leading skills
- Singing and lyric discussion as emotion regulating strategy and channel of self-expression.

Two music CDs are specially made by Mr. Paul Pang for use in (1) Gait Training and (2) Motor Control Exercise.

Cantonese oldies are used to suit the older population in Hong Kong and are available for purchase by students of this course for clinical use.

Date : November 18 – December 9, 2020 (4 Wednesdays)

Time : 7:00–9:30 pm

Medium of instruction : Cantonese with English course manual

Fee : HK\$2,180.-

Instructor : Pang Ka Wa, Paul - Registered Music Therapist, Neurologic Music Therapy Fellow (2007-2017)

Venue : **Pang's Music Therapy Centre** - Rm 601-2, Hing Lung Commercial Bldg, 68-74 Bonham Strand, Sheung Wan, Hong Kong

Enquiry : **2815-0688** (p.m.)

Website: <http://www.musictherapy.com.hk>

Application Form (可影印使用)

3. 2020.1

Course : Neurologic Music Therapy Nov 18 – Dec 9, 2020 (Wednesday) 腦神經學音樂治療 – 理論及應用

Name : \_\_\_\_\_ Sex : \_\_\_\_\_ Day time phone : \_\_\_\_\_

Address : \_\_\_\_\_ Tel : \_\_\_\_\_

E-mail address : \_\_\_\_\_ Occupation: \_\_\_\_\_

I am  willing  not willing to receive course information from Pang's by email.

Signature : \_\_\_\_\_

The above information will be treated as confidential. We may use your address (if agree) ONLY for sending you our course information. Contact us at any time by telephone, mail or email if you want to stop receiving such information.

Please send this enrolment form together with your cheque in favour of "Pang's Music Therapy Centre" to : Rm 601-2, Hing Lung Comm Building, 68 Bonham Strand, Sheung Wan, Hong Kong **before November 13, 2020**. (Please do NOT send postdated cheque). A receipt will be sent to you upon receipt of your payment.